

Split-Pedal Stability Chair™ Bundle

Compact, portable, and perfect for facilities with limited space.

Ideal for those who need to stay in a seated or upright position, the Stability Chair helps rebalance muscles and provides a full-body workout.

The smaller base of support and dual pedals allow for bilateral, unilateral and reciprocal variations of leg and arm exercises to challenge core stability. Seated, prone, supine and partially supported standing exercises provide a wide array of functional training opportunities. Ideal for rebalancing muscles weakened due to strain or injury. Two pedals move independently or lock together to form one. Sturdy handles offer solid support for upright exercise.

Bundle includes: Split-Pedal Stability Chair with Handles, Padded Platform Extender, Reformer Box and 2 DVDs: *Essential & Intermediate Stability Chair, 2nd Edition* and *Split-Pedal Stability Chair*.



Product Features

- ▶ Two pedals move independently or lock together quickly and securely to function as a single unit
- ▶ Built with a double-steel frame for increased durability and stability
- ▶ Adjust spring tension easily with unique hook-on system for quick interchange
- ▶ Pedals cushioned with ultra-soft foam for comfort
- ▶ Fully adjustable handles attach and detach easily and lock securely
- ▶ Compact size for maximum portability and easy storage
- ▶ Easy-roll wheels facilitate repositioning or moving equipment
- ▶ High-density foam and vinyl cover the seat and pedals
- ▶ Equipped with 2 heavy chair springs, 2 light chair springs, 3 hook-on spring attachments per spring

Dimensions & Specifications

Seat Dimensions

- ▶ Width 23.5"
- ▶ Depth 15"

Overall Dimensions

- ▶ Width 22.5"
- ▶ Length 21.5"
- ▶ Height 55.5"
- ▶ Weight 82 lbs

Some assembly required

Questions?

Call us at 416-482-4050 x 264 or toll-free at 1-800-910-0001,
email equipment@stottpilates.com or visit www.stottpilates.com

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