

# Equipment & DVD Price Guide

Effective December 15, 2010 — British Pounds Sterling — Prices subject to change without notice

# STOTT PILATES®

## Equipment Bundles

	CAT #	£
<b>SPX Max™ Reformer Bundle</b>	ST-01080	2,795.00
<b>includes 1 each:</b> SPX Max Reformer, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer</i> DVD 2nd Ed.		
<b>SPX Max Plus™ Reformer Bundle</b>	ST-01081	5,195.00
<b>includes 1 each:</b> SPX Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer</i> DVD 2nd Ed., <i>V2 Max Plus Programming</i> DVD		
<b>Professional Reformer™ Bundle</b>	ST-01082	3,995.00
<b>includes 1 each:</b> Professional Reformer, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer</i> DVD 2nd Ed.		
<b>V2 Max Plus™ Reformer Bundle</b>	ST-01083	6,395.00
<b>includes 1 each:</b> V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer</i> DVD 2nd Ed., <i>V2 Max Plus Programming</i> DVD		
<b>Rehab Reformer™ Bundle</b>	ST-01084	4,395.00
<b>includes 1 each:</b> Rehab Reformer, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer</i> DVD 2nd Ed.		
<b>V2 Max Plus™ Rehab Reformer Bundle</b>	ST-01085	6,695.00
<b>includes 1 each:</b> V2 Max Plus Rehab Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer</i> DVD 2nd Ed., <i>V2 Max Plus Programming</i> DVD		
<b>V2 Max Plus™ Rehab Reformer Extended Bundle</b> <small>NEW</small>	ST-01099	7,195.00
<b>includes 1 each:</b> V2 Max Plus Rehab Reformer Extended, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer</i> DVD 2nd Ed., <i>V2 Max Plus Programming</i> DVD		
<b>At Home SPX™ Reformer Package</b>	ST-01050	2,595.00
<b>includes 1 each:</b> At Home SPX Reformer, Padded Platform Extender, Reformer Box, Double Loop Straps, Chrome Detailing, <i>At Home Reformer Workout</i> DVD, bonus Easy-Start Poster		
<b>Pilates Rehab Studio 1 – Matwork &amp; Reformer</b> <small>NEW</small>	ST-11001	7,500.00
<b>includes 1 each:</b> V2 Max Plus Rehab Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Jumpboard, Rotational Diskboard Deluxe, Ankle Straps, Arc Barrel, <i>Essential Reformer</i> DVD 2nd Ed., <i>V2 Max Plus Programming</i> DVD		
<b>Pilates Rehab Studio 2 – Cadillac, Chair &amp; Barrel</b> <small>NEW</small>	ST-11002	6,795.00
<b>includes 1 each:</b> Cadillac Trapeze Table, Split-Pedal Stability Chair with Handles, Ladder Barrel, Spine Supporter, Spine Corrector, pair 12" Rotational Disks		
<b>One-On-One Studio Bundle</b> <small>NEW</small>	ST-01090	9,250.00
<b>includes 1 each:</b> V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Split-Pedal Stability Chair with Handles, Arc Barrel, Ladder Barrel, <i>Essential Reformer</i> DVD 2nd Ed., <i>V2 Max Plus Programming</i> DVD		
<b>Enhanced One-On-One Studio Bundle</b> <small>NEW</small>	ST-01091	12,600.00
<b>includes 1 each:</b> Cadillac, V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Split-Pedal Stability Chair with Handles, Arc Barrel, Ladder Barrel, <i>Essential Reformer</i> DVD 2nd Ed., <i>V2 Max Plus Programming</i> DVD		
<b>Split-Pedal Stability Chair Bundle</b> <small>NEW</small>	ST-01089	1,700.00
<b>includes 1 each:</b> Split-Pedal Stability Chair with Handles, Padded Platform Extender, Reformer Box, <i>Essential &amp; Intermediate Stability Chair</i> DVD, 2nd Ed., <i>Split-Pedal Stability Chair Workout</i> DVD		
<b>Ladder Barrel Bundle</b> <small>NEW</small>	ST-01088	1,650.00
<b>includes 1 each:</b> Ladder Barrel, Padded Platform Extender, Maple Roll-Up Pole, Gripper Mat, <i>Complete Barrel Repertoire</i> DVD		
<b>Rehab Accessory Bundle</b> <small>NEW</small>	ST-06075	449.95
<b>includes 3 each:</b> Fitness Circle Lite, Flex-Band; <b>2 each:</b> 1 lb Toning Ball, Foam Cushions A, B & C, Gripper Mat; <b>1 each:</b> 65cm Stability Ball, Mini Stability Ball, Foam Roller Deluxe, Rubber Pad		

### Custom Colors by Special Order

Choose from seven complementary standard upholstery colors – Black, Royal Blue, Imperial Blue, Chestnut Brown, Gun Metal Grey, Yew Green, Concord Purple – or 70 affordably-priced custom colors.

### Equipment & DVD Combos

Take advantage of specially priced equipment and DVD combination packages.

### To place an order or for more details

- ▶ Contact a customer service consultant at **0800-328-5676**
- ▶ All prices are in British Pounds Sterling and include VAT.
- ▶ Some conditions apply. Prices subject to change without notice.

## Reformer

	CAT #	£
V2 Max Plus™ Reformer*	ST-01067	6,195.00
V2 Max Plus™ Rehab Reformer	ST-01069	6,495.00
Professional Reformer™	ST-01071	3,795.00
Rehab Reformer™	ST-01073	4,195.00
Rack & Roll® Reformer™	ST-01020	2,995.00
SPX Max™ Reformer™	ST-01077	2,595.00
SPX Max Plus™ Reformer™	ST-01076	4,895.00

### Extended-Length Reformers

V2 Max Plus™ Reformer* Extended	ST-01068	6,695.00
V2 Max Plus™ Rehab Reformer Extended	ST-01070	6,995.00
Professional Reformer™ Extended	ST-01072	4,295.00
Rehab Reformer™ Extended	ST-01074	4,695.00
Rack & Roll® Reformer Extended	ST-01054	3,495.00
SPX Max™ Reformer Extended	ST-01094	3,095.00
SPX Max Plus™ Reformer Extended	ST-01093	5,395.00

### Reformer Accessories

Vertical Frame – V2 Max Plus	ST-02045	2,395.00
Vertical Frame – V2 Max Plus Rehab	ST-02046	2,295.00
Vertical Frame – Professional Traditional	ST-02039	1,595.00
Vertical Frame – Rehab Traditional	ST-02012	1,495.00
Vertical Frame – SPX Max Plus	ST-02047	2,495.00
Rolling Base – SPX	ST-02036	525.00
Rolling Base – Rack & Roll	ST-01021	525.00
Stacking Block – Rack & Roll [single]	ST-01023	90.00
Jumpboard – Large	ST-02017	300.00
Jumpboard – Large, SPX	ST-01043	300.00
Cardio-Tramp™ <small>NEW</small>	ST-02067	275.00
Cardio-Tramp™ – SPX <small>NEW</small>	ST-02068	275.00
Soft Footbar	ST-02004	185.00
Soft Footbar – SPX	ST-01040	185.00
Rotational Diskboard	ST-02013	325.00
Rotational Diskboard – SPX	ST-01041	325.00
Rotational Diskboard Deluxe <small>NEW</small>	ST-02051	395.00
Rotational Diskboard Deluxe – SPX <small>NEW</small>	ST-02054	395.00
Rotational Disks 12" for Deluxe Diskboards [pair] <small>NEW</small>	ST-06051	115.00
Reformer Box [with Footstrap]	ST-02000	215.00
Reformer Box [with Footstrap] – Extra Long	ST-02002	230.00
Reformer Box [with Footstrap] – Extra Tall	ST-02001	230.00
Mat Converter – Professional or Rehab	ST-02006	300.00
Mat Converter – SPX	ST-01029	250.00
Mat Converter – SPX Max & SPX Max Plus	ST-02048	250.00
Mat Converter – Rack & Roll	ST-02027	300.00
Padded Platform Extender	ST-02015	175.00
Padded Platform Extender – SPX Max	ST-02069	175.00
Roll-up Pole – Maple, 3/4 lb	ST-06008	21.95
Roll-up Pole – Metal, 2 lb	ST-06006	26.95
Roll-up Pole – Metal, 4 lb	ST-06007	29.95
Spring Cover – Neoprene	ST-05070	12.95
Spring Cover Package	ST-05071	49.95
Chrome Upgrade	ST-01049	215.00

### Reformer Handles & Straps

Foam Grip Handles [pair]	ST-02007	42.95
Long Spine Straps [pair]	ST-02008	29.95
Padded Long Spine Straps [pair]	ST-02016	64.95
Soft Reformer Loops [pair]	ST-02009	64.95
Soft Reformer Double Loop Straps [pair]	ST-02028	74.95
Ankle Straps [pair]	ST-02019	64.95
Extension Straps [pair]	ST-02014	115.00



## Reformer Replacement Parts

	CAT #	£
Enhanced Spring Package – Traditional [4x100%, 1x50%]	<b>NEW</b> ST-05057	299.95
Enhanced Spring Package – High-Precision [3x100%, 1x50%+25%]	<b>NEW</b> ST-05058	299.95
Enhanced Reformer Spring – 100%	<b>NEW</b> ST-05056	64.95
Enhanced Reformer Spring – 50%	<b>NEW</b> ST-05055	64.95
Enhanced Reformer Spring – 25%	<b>NEW</b> ST-05054	64.95
Carriage Stopper	ST-06012	25.95
Fixed Rollers [pair]	ST-06013	32.95
Floating Rollers [pair]	ST-06014	37.95
Ropes – Traditional [pair]	ST-06016	65.00
Ropes – Retractable Rope System [pair]	ST-06042	65.00
Double-Ended Spring Clip	ST-05063	4.50
Pulley Block	ST-06017	29.95
Reformer Box Footstrap	ST-02018	44.95
Footbar	ST-05067	150.00
Footbar – SPX	ST-05068	150.00
Plastic Foot	ST-05062	2.00
Star Knob – 5-prong	ST-05050	3.00
Star Knob – 4-prong, 1/2" – for Modified Wooden Standing Platform	ST-05053	3.00
Star Knob – for Mounting Disks on Rotational Diskboard	<b>NEW</b> ST-05052	3.00
Shoulder Rests [pair]	ST-02023	65.00

## Cadillac

Cadillac Trapeze Table	ST-01003	3,595.00
Cadillac Wall Unit	ST-01006	1,295.00
Cadillac Wall Unit with Professional Raised Mat	ST-01004	1,595.00
Spring Wall™	ST-01052	460.00

## Cadillac Accessories

Fuzzy Hanging Straps [pair]	ST-02010	59.95
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## Cadillac Replacement Parts

Cadillac Spring Package	ST-05059	595.00
Light Arm Spring [yellow]	ST-05009	49.95
Roll-Down Spring [black]	ST-05008	54.95
Leg Spring [white]	ST-05000	59.95
Push-Thru Spring [blue]	ST-05002	54.95
Spring Cover, vinyl	ST-06019	11.95
Trapeze Spring [red]	ST-05004	59.95
Sliding Bar [vertical or horizontal]	ST-05061	115.00
Roll-Down Bar with Springs & Clips	ST-06018	115.00
Roll-Down Bar with Eyehooks	ST-06025	22.95
Spring Clip	ST-02020	4.50
Locking Spring Clip	ST-05064	4.50
Star Knob – 4-prong	ST-05051	3.00

## Stability Chair

Split-Pedal Stability Chair	ST-01017	1,150.00
Split-Pedal Stability Chair with Handles	ST-01018	1,350.00

## Split-Pedal Stability Chair Bundle **NEW**

**includes 1 each:** Split-Pedal Stability Chair with Handles, Reformer Box, Padded Platform Extender, *Essential & Intermediate Stability Chair DVD*, 2nd Ed., *Split-Pedal Stability Chair Workout DVD*

## Stability Chair Accessories

Stability Chair Handles [updater kit]	ST-06010	275.00
Padded Platform Extender	ST-02015	160.00

## Stability Chair Replacement Parts

Stability Chair Spring Package	ST-05060	200.00
Heavy Chair Spring [red]	ST-05003	59.95
Light Chair Spring [blue]	ST-05005	54.95
Star Knob – 5-prong	ST-05050	3.00

## Barrels

Ladder Barrel	ST-01010	1,495.00
with <i>Complete Barrel Repertoire DVD</i>	SIX LANGUAGES DC-80330	1,575.00

## Ladder Barrel Bundle **NEW**

**includes 1 each:** Ladder Barrel, Padded Platform Extender, Maple Roll-Up Pole, Gripper Mat, *Complete Barrel Repertoire DVD*

Arc Barrel	ST-01012	190.00
with <i>Complete Barrel Repertoire DVD</i>	SIX LANGUAGES DV-80327	269.95
Arc Barrel Deluxe [wood sides]	ST-01013	235.00
with <i>Complete Barrel Repertoire DVD</i>	SIX LANGUAGES DV-80321	329.95
Spine Corrector	ST-01011	495.00
with <i>Complete Barrel Repertoire DVD</i>	SIX LANGUAGES DV-80051	574.95
Spine Supporter	ST-01016	215.00
with <i>Complete Barrel Repertoire DVD</i>	SIX LANGUAGES DV-80050	274.95

Where indicated as SIX LANGUAGES, DVDs include soundtrack in ENGLISH, FRENCH, SPANISH, ITALIAN, PORTUGUESE & GERMAN

## Light Equipment

### Pilates Edge™

	CAT #	£
Pilates Edge	ST-06044	175.00
with <i>Essential &amp; Intermediate Pilates Edge DVDs</i>   ENGLISH/SPANISH	DC-80328	215.90

### Foam Roller Deluxe includes bonus Easy-Start poster

Foam Roller Deluxe – Full	PURPLE	ST-06041	39.95
with <i>Pilates on a Roll DVD</i>   ENGLISH	DV-80329	52.95	

Foam Roller Deluxe – Half	<b>NEW</b> PURPLE	ST-06070	34.95
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### Stability Cushion™ sold individually

Stability Cushion	<b>NEW</b> GREEN	ST-06071	24.95
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### BOSU®\* Balance Trainer

BOSU Balance Trainer with pump	ST-06029	150.00
with <i>Essential BOSU &amp; Intermediate BOSU DVDs</i>   ENGLISH	DV-80323	185.90

### Rotational Disks

Rotational Disk – 10" [pair]	ST-06024	90.00
Rotational Disk – 12" [pair]	ST-06002	90.00
Rotational Disk – 19" [single]	ST-06039	80.00

### Bean Bag

3 lb Bean Bag	ST-06001	54.95
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### Roll-Up Poles

Maple Pole, 3/4 lb	ST-06008	21.95
Metal Pole, 2 lb	ST-06006	26.95
Metal Pole, 4 lb	ST-06007	29.95

### Gripper Mats, Rubber Pads & Foam Cushions

Gripper Mat	ST-02022	4.50
Rubber Pad	ST-06020	12.95
Foam Cushion A – w6", L9", H1"	ST-06004	29.95
Foam Cushion B – w6", L9", H3"	ST-06003	34.95
Foam Cushion C – w10", L13", H2-1/2"	ST-06005	49.95

## Mats

### Raised Mats

Professional Raised Mat	ST-01009	395.00
Split Professional Raised Mat	ST-02021	395.00
Professional Mat with 2 Small Boxes	ST-01007	550.00
Bracketed Wooden Dowel System	ST-01005	125.00
Small Boxes [pair]	ST-06009	120.00

### Deluxe Pilates Mat

Deluxe Pilates Mat	BLUE	ST-02025	69.95
with <i>Pilates Matwork At Home DVD Series</i>   ENGLISH	DV-80301	110.95	
with <i>Professional Matwork DVD Series</i>   SIX LANGUAGES	DV-80325	137.95	
Deluxe Pilates Mat	GREEN	ST-02024	69.95
with <i>Pilates Matwork At Home DVD Series</i>   ENGLISH	DV-80302	110.95	
with <i>Professional Matwork DVD Series</i>   SIX LANGUAGES	DV-80326	137.95	

### Pilates Express™ Mat

Pilates Express Mat	SAGE GREEN	ST-02031	32.95
	CORAL RED	ST-02032	32.95
	STEEL BLUE	ST-02030	32.95
	KELLY GREEN	ST-02029	32.95
STEEL BLUE	with <i>Pilates Matwork At Home DVD Series</i>   ENGLISH	DV-80319	79.95
KELLY GREEN	with <i>Pilates Matwork At Home DVD Series</i>   ENGLISH	DV-80320	79.95

### Pilates Express Mat Power Pack

<b>includes:</b> <i>Sunrise Workout DVD</i> , Pilates Express Mat and bonus Easy-Start poster			
STEEL BLUE	ENGLISH/FRENCH	DV-82345	44.99
KELLY GREEN	ENGLISH/FRENCH	DV-82346	44.99

### Eco-Friendly Mat™ for Pilates & Yoga

Eco-Friendly Mat	WATERMELON / MANGO	ST-02043	44.95
	MIDNIGHT / TWILIGHT	ST-02044	44.95
	<b>NEW</b> ONYX / STONE	ST-02052	44.95

### Pilates & Yoga Graphic Print Mat **NEW**

4mm Pilates & Yoga Mat	BALANCE – PINK WITH FLOWERS	ST-02057	17.95
	BREATHE – BLUE WITH CLOUDS	ST-02058	17.95
	INSPIRATION – GREEN WITH WORDS	ST-02060	17.95
	RECHARGE – BLUE WITH FLOWERS	ST-02059	17.95
	REFRESH – ORANGE WITH ORANGE SLICE	ST-02055	17.95
	REGENERATE – GREEN WITH BAMBOO	ST-02056	17.95

## Bands

Flex-Band® Exerciser		CAT #	£
Flex-Band	REGULAR-STRENGTH – GREEN	ST-06021	4.95
	EXTRA-STRENGTH – BLUE	ST-06022	5.95
Flex-Band Handles (pair)	BLACK	ST-06043	12.95
Non-Latex Flex-Band			
	ENGLISH PACKAGING		
	<b>NEW</b> LIGHT-STRENGTH – ORANGE	ST-06055	6.95
	<b>NEW</b> REGULAR-STRENGTH – LEMON	ST-06056	7.95
	<b>NEW</b> EXTRA-STRENGTH – LIME	ST-06057	8.95
	ENGLISH/FRENCH PACKAGING		
	<b>NEW</b> LIGHT-STRENGTH – ORANGE	ST-06058	6.95
	<b>NEW</b> REGULAR-STRENGTH – LEMON	ST-06059	7.95
	<b>NEW</b> EXTRA-STRENGTH – LIME	ST-06060	8.95
<b>Flex-Band Two-Pack</b>		ST-02033	12.99
<b>includes 1 each:</b> regular (green) & extra-strength (blue) Flex-Bands and bonus Easy-Start poster			
<b>Non-Latex Flex-Band Three-Pack</b>	ENGLISH PACKAGING <b>NEW</b>	GP-85126	26.95
	ENGLISH/FRENCH PACKAGING <b>NEW</b>	GP-85134	26.95
<b>includes 1 each:</b> light (orange), regular (lemon) & extra-strength (lime) non-latex Flex-Bands and <i>Ultimate Body Sculpting</i> DVD			
<b>Non-Latex Flex-Band Twelve-Pack</b>	ENGLISH PACKAGING <b>NEW</b>	MS-91435	95.40
	ENGLISH/FRENCH PACKAGING <b>NEW</b>	MS-91436	95.40
<b>includes 4 each:</b> light (orange), regular (lemon) & extra-strength (lime) non-latex Flex-Bands in a counter display merchandiser			
<b>Flex-Band Power Pack</b>	<b>NEW</b> ENGLISH/FRENCH	GP-85125	19.99
<b>includes 1 each:</b> regular (green) & extra-strength (blue) Flex-Bands, <i>Intense Sculpting Challenge</i> DVD, and bonus Easy-Start poster			
<b>Flex-Band Handles Power Pack</b>	ENGLISH/FRENCH	GP-85116	29.99
<b>includes 1 each:</b> pair Flex-Band handles, regular-strength (green) Flex-Band, <i>Intense Sculpting Challenge</i> DVD, and bonus Easy-Start poster			

## Balls

Stability Ball			
55cm Stability Ball with pump	BLUE	ST-06034	29.95
	with <i>Stability Ball DVD Series</i>   ENGLISH	DV-80309	75.95
65cm Stability Ball with pump	GREEN	ST-06033	32.95
	with <i>Stability Ball DVD Series</i>   ENGLISH	DV-80310	77.95
75cm Stability Ball with pump	PURPLE	ST-06049	35.95
	with <i>Stability Ball DVD Series</i>   ENGLISH	DC-80353	79.95
Stability Ball Pump		ST-06038	3.49
<b>Stability Ball Plus Power Pack</b>			
<b>includes 1 each:</b> <i>Core Balance</i> DVD, Stability Ball, pump and bonus Easy-Start poster			
55cm	ENGLISH/FRENCH	DV-82306	32.99
65cm	ENGLISH/FRENCH	DV-82305	35.99
75cm	ENGLISH/FRENCH	GP-85120	38.99
<b>Mini Stability Ball™</b> sold individually			
Mini Stability Ball		ST-06045	8.95
<b>Mini Stability Ball™ Power Pack</b>	ENGLISH/FRENCH	GP-85111	19.99
<b>includes 1 each:</b> Mini Stability Ball, <i>Mini Stability Ball Workout</i> DVD and bonus Easy-Start poster			

Toning Balls sold individually, not in pairs			
1 lb – 10 cm	PURPLE	ST-06037	10.95
2 lb – 10 cm	BLUE	ST-06035	11.95
2 lb – 10 cm	PINK	ST-06047	11.95
3 lb – 10 cm	GREEN	ST-06036	12.95
<b>Toning Ball Power Pack</b>	ENGLISH/FRENCH	DV-85113	36.99
<b>includes 1 each:</b> pair 1 lb Toning Balls, <i>Amazing Tone</i> DVD and bonus Easy-Start poster			
<b>Toning Ball Two-Packs</b> sold in pairs			
1 lb – 10 cm	<b>NEW</b> ORANGE	ST-06052	22.95
2 lb – 10 cm	<b>NEW</b> LEMON	ST-06053	24.95
3 lb – 10 cm	<b>NEW</b> LIME	ST-06054	26.95

## Circles

Fitness Circle® Resistance Ring		CAT #	£
Fitness Circle Pro	DIAMETER 12"	ST-06023	59.95
	with <i>Fitness Circle DVD Series</i>   ENGLISH	DV-80315	84.95
	DIAMETER 14"	ST-06000	59.95
	with <i>Fitness Circle DVD Series</i>   ENGLISH	DV-80316	84.95
Fitness Circle Lite	DIAMETER 14"	ST-06031	29.95
	with <i>Fitness Circle DVD Series</i>   ENGLISH	DV-80318	59.95
<b>Fitness Circle Lite Power Pack</b>	ENGLISH/FRENCH	DV-82115	36.99
<b>includes 1 each:</b> Fitness Circle Lite, <i>Fitness Circle Flow</i> DVD and bonus Easy-Start poster			

## Workout Kits & Power Packs

<b>Pilates for Beginners Workout Kit</b>	GP-85128	36.99	
<b>includes 1 each:</b> Pilates & Yoga Mat and Aluminum Water Bottle, both in <i>Breathe</i> pattern, regular-strength (green) Flex-Band, and 2 DVDs: <i>Basic Pilates 2nd edition</i> , <i>Total Body Sculpting</i>			
<b>Yoga for Beginners Workout Kit</b>	GP-85129	36.99	
<b>includes 1 each:</b> Pilates & Yoga Mat and Aluminum Water Bottle, both in <i>Inspiration</i> pattern, and 3 DVDs: <i>Simple Stretches</i> , <i>Pure Vitality</i> , <i>Body &amp; Soul</i>			
<b>Pilates for Athletic Conditioning Workout Kit</b>	GP-85127	36.99	
<b>includes 1 each:</b> extra-strength (blue) Flex-Band, pair 2lb Toning Balls and 3 DVDs: <i>Pilates for Men</i> , <i>Strong &amp; Streamlined</i> , <i>Ultimate Body Sculpting</i>			
<b>Pilates for Pregnancy Workout Kit</b>	GP-85131	74.99	
<b>includes 1 each:</b> 65cm Stability Ball with pump, light-strength (orange) latex-free Flex-Band, pair 2lb Toning Balls, 3 DVDs: <i>Prenatal Pilates on the Mat</i> , <i>Prenatal Pilates on the Ball</i> , <i>Post-Natal Pilates</i> and bonus Easy-Start poster			
<b>The Secret to Weight Loss Power Pack</b>	ENGLISH/FRENCH	DV-85108	36.99
<b>includes 1 each:</b> Water Bottle, Six-Week Food Plan Guide, 2 DVDs: <i>The Secret to Weight Loss, Volumes 1 &amp; 2</i> and bonus Easy-Start poster			
<b>Pilates for Golf Power Pack</b>	ENGLISH/FRENCH	GP-85121	59.99
<b>includes 1 each:</b> Pilates Express Mat in sage green, 2 DVDs: <i>Pilates on the Green, Levels 1 &amp; 2</i> , and bonus Pocket Pilates for Golf warm-up guide			

## Water Bottles **NEW**

750ml Aluminum Water Bottle	BALANCE – PINK WITH FLOWERS	ST-06066	12.95
	BREATHE – BLUE WITH CLOUDS	ST-06067	12.95
	INSPIRATION – GREEN WITH WORDS	ST-06069	12.95
	RECHARGE – BLUE WITH FLOWERS	ST-06068	12.95
	REFRESH – ORANGE WITH AN ORANGE SLICE	ST-06064	12.95
	REGENERATE – GREEN WITH BAMBOO	ST-06065	12.95
600ml Plastic Water Bottle (BPA-free)	BLUE	GP-00001	10.00

## Mat & Water Bottle Combos **NEW**

750ml Aluminum Water Bottle	BALANCE – PINK WITH FLOWERS	ST-06076	29.99
& matching Pilates Express™ Mat	BREATHE – BLUE WITH CLOUDS	ST-06077	29.99
	INSPIRATION – GREEN WITH WORDS	ST-06079	29.99
	RECHARGE – BLUE WITH FLOWERS	ST-06078	29.99
	REFRESH – ORANGE WITH AN ORANGE SLICE	ST-06074	29.99
	REGENERATE – GREEN WITH BAMBOO	ST-06080	29.99

## Clothing

Women's Fitted T-shirt [black only, blue or green logo]	S, M, L, XL	22.00
Men's Fitted T-shirt [black only, blue or green logo]	S, M, L, XL	22.00
Women's Fitted T-shirt, long sleeve [black only, blue or green logo]	S, M, L, XL	27.00
Men's Fitted T-shirt, long sleeve [black only, blue or green logo]	S, M, L, XL	27.00
Men's Muscle T-shirt [black only, blue or green logo]	S, M, L, XL	22.00
Wrist Assured™ Gloves [black only]	XS, S, M, L	74.95

## Music CDs

<i>Energize</i>	CD-09502	7.95
<i>Rejuvenate</i>	CD-09501	7.95

## DVDs – At Home Titles

	CAT #	£
<b>STOTT PILATES Workout System</b>	ENGLISH DV-82330	55.95
includes 1 each: regular (green) and extra-strength (blue) Flex-Band, 4 DVDs: <i>Basic Pilates, 2nd Ed., Firm &amp; Fit, Sculpt &amp; Tone, The Secret to Flat Abs</i>		
<b>Pilates Express™ Series</b>		
<i>Basic Pilates 2nd ed.</i>	ENGLISH DV-81132	14.95
	<i>Pilates de base</i> – FRENCH/ENGLISH DV-84132	14.95
<i>Basic Pilates 1st ed.</i>	<i>Pilates Básico</i> – SPANISH/FRENCH/ENGLISH DV-86560	9.95
<i>Sunrise Workout</i>	ENGLISH DV-80095	9.95
	<i>Séance matinale</i> – FRENCH/ENGLISH DV-84095	9.95
	<i>Pilates al Amanecer</i> – SPANISH/FRENCH/ENGLISH DV-86195	9.95
<i>Revive Workout</i>	ENGLISH DV-80096	14.95
	<i>Revitalizarse</i> – SPANISH DV-86096	14.95
<i>Relaxation Workout</i>	ENGLISH DV-81197	14.95
	<i>Pilates para Relajarse</i> – SPANISH/ENGLISH DV-86197	14.95
<b>Matwork Series</b>		
<i>The Secret to Flat Abs</i>	ENGLISH DV-80075	14.95
	<i>Le secret pour avoir des abdominaux plats</i> – FRENCH/ENGLISH DV-84075	14.95
	<i>El Secreto de los Abdominales Firmes</i> – SPANISH DV-86075	14.95
<i>Firm &amp; Fit</i>	ENGLISH DV-81176	14.95
	<i>Ferme et en forme</i> – FRENCH/ENGLISH DV-84076	14.95
	<i>Firme y Flexible</i> – SPANISH DV-86076	14.95
<i>Core Challenge</i>	ENGLISH DV-81177	14.95
	<i>Puissance au centre</i> – FRENCH/ENGLISH DV-84077	14.95
<i>Strong &amp; Streamlined</i>	ENGLISH DV-80078	14.95
	<b>NEW</b> <i>Fort et affiné</i> – FRENCH/ENGLISH DV-84178	14.95
<i>The Secret to Toned Arms, Buns &amp; Thighs</i>	ENGLISH DV-81110	14.95
	<i>Le secret pour tonifier les bras, le postérieur, les cuisses</i> – FRENCH/ENGLISH DV-84110	14.95
<i>Power Paced Pilates</i>	ENGLISH DV-81107	14.95
	<i>Pilates à allure puissante</i> – FRENCH/ENGLISH DV-84107	14.95

Buy any three or more  
At Home titles & save 20%†



### Fitness Circle® Series

<i>Fitness Circle Flow</i>	ENGLISH DV-81115	9.95
	<i>Enchaînements avec le Fitness Circle</i> – FRENCH/ENGLISH DV-84115	9.95
<i>Power Paced Fitness Circle</i>	ENGLISH DV-81118	14.95
	<i>Fitness Circle énergisant</i> – FRENCH/ENGLISH DV-84118	14.95
<i>Fitness Circle Challenge</i>	ENGLISH DV-81181	14.95

### Flex-Band® Series

<i>Sculpt &amp; Tone</i>	ENGLISH DV-81011	14.95	
	<i>Sculptez et tonifiez</i> – FRENCH/ENGLISH DV-84011	14.95	
	regular-strength (green) Flex-Band included	ENGLISH DV-80303	18.95
	Flex-Band de résistance régulière (vert) inclus	FRENCH/ENGLISH DV-85211	18.95
<i>Total Body Sculpting</i>	ENGLISH DV-81179	14.95	
	<b>NEW</b> <i>Sculpture totale du corps</i> – FRENCH/ENGLISH DV-84179	14.95	
<i>Ultimate Body Sculpting</i>	ENGLISH DV-81180	14.95	
	<b>NEW</b> <i>Sculpture ultime du corps</i> – FRENCH/ENGLISH DV-84180	14.95	
<i>Intense Sculpting Challenge</i>	ENGLISH DV-81123	14.95	
	<i>Défi intensif : Sculpter</i> – FRENCH/ENGLISH DV-84123	14.95	

### Toning Ball Series

<i>Amazing Tone</i>	ENGLISH DV-81113	14.95
	<i>Tonus formidable</i> – FRENCH/ENGLISH DV-84113	14.95
<i>Total Body Toning</i>	ENGLISH DV-81119	9.95
	<i>Tonus total du corps</i> – FRENCH/ENGLISH DV-84119	9.95

### Stability Ball Series

	CAT #	£
<i>Core Balance</i>	ENGLISH DV-81191	9.95
	<i>Balance au centre</i> – FRENCH/ENGLISH DV-84191	9.95
<i>Dynamic Balance</i>	ENGLISH DV-81192	14.95
<i>3-D Balance</i>	ENGLISH DV-81193	14.95
<i>Superior Balance</i> [formerly Ultimate Balance]	ENGLISH DV-81194	14.95
<i>Stability Ball Challenge</i>	ENGLISH DV-81133	14.95
	<i>Défi sur ballon de Stabilité</i> – FRENCH/ENGLISH DV-84133	14.95

### Mini Stability Ball™ Series

<i>Mini Stability Ball Workout</i> [formerly Mini Flex-Ball]	ENGLISH DV-81131	14.95
	<i>Entraînement avec le Mini Stability Ball</i> – FRENCH/ENGLISH DV-84131	14.95

### Reformer Series

<i>At Home Reformer Workout</i>	ENGLISH DV-81116	32.95
	<i>Entraînement sur Reformer au foyer</i> – FRENCH/ENGLISH DV-84116	32.95

### Walking Pilates Series

<i>Walk On to Total Fitness</i>	ENGLISH DV-81111	14.95
	<i>Marche vers la forme totale</i> – FRENCH/ENGLISH DV-84111	14.95
<i>Walk On to Weight Loss</i>	ENGLISH DV-81112	14.95
	<i>Marche vers la perte de poids</i> – FRENCH/ENGLISH DV-84112	14.95

### Strength & Agility Series

<i>Pilates with Props – Vol 1</i>	ENGLISH DV-81134	14.95
	<i>Pilates avec accessoires 1</i> – FRENCH/ENGLISH DV-84134	14.95
<i>Pilates with Props – Vol 2</i>	ENGLISH DV-81135	14.95
	<i>Pilates avec accessoires 2</i> – FRENCH/ENGLISH DV-84135	14.95
<i>Cardio &amp; Core on the Mini-Tramp™</i>	ENGLISH DV-81136	14.95
	<i>Entraînement du centre et cardio sur le Mini-Tramp</i> – FRENCH/ENGLISH DV-84136	14.95
<i>Pilates for Men</i>	ENGLISH DV-81137	14.95
	<i>Pilates pour hommes</i> – FRENCH/ENGLISH DV-84137	14.95

### Weight Loss Series

<i>The Secret to Weight Loss – Vol 1</i>	ENGLISH DV-81108	14.95
	<i>Le secret pour perdre du poids 1</i> – FRENCH/ENGLISH DV-84108	14.95
<i>The Secret to Weight Loss – Vol 2</i>	ENGLISH DV-81109	14.95
	<i>Le secret pour perdre du poids 2</i> – FRENCH/ENGLISH DV-84109	14.95
<i>Weight Loss Boost</i>	ENGLISH DV-81130	14.95
	<i>Promouvoir la perte de poids avec le pilates</i> – FRENCH/ENGLISH DV-84130	14.95

### Back Care Series

<i>Be Kind to Your Spine</i>	ENGLISH DV-81188	9.95
	<i>Le dos en douceur</i> – FRENCH/ENGLISH DV-84088	9.95
<i>Pain-Free Posture</i>	ENGLISH DV-80089	14.95
<i>Standing Tall</i>	ENGLISH DV-81190	14.95
<i>The Secret to a Strong Back</i>	ENGLISH DV-81121	14.95
	<i>Le secret pour un dos forte</i> – FRENCH/ENGLISH DV-84121	14.95

### Pilates-Infused® Yoga

<i>Simple Stretches</i>	ENGLISH DV-80082	14.95
<i>Pure Vitality</i>	ENGLISH DV-81183	14.95
<i>Body &amp; Soul</i>	ENGLISH DV-81184	14.95

### Pre / Post-Natal Series

<i>Prenatal Pilates on the Mat</i>	ENGLISH DV-81129	14.95
	<i>Pilates Prénatal sur tapis</i> – FRENCH/ENGLISH DV-84129	14.95
<i>Prenatal Pilates on the Ball</i>	ENGLISH DV-81126	14.95
	<i>Pilates Prénatal sur le ballon</i> – FRENCH/ENGLISH DV-84126	14.95
<i>Prenatal Workout on the Pilates Edge™</i>	ENGLISH DV-81127	14.95
	<i>Entraînement Prénatal sur le Pilates Edge</i> – FRENCH/ENGLISH DV-84127	14.95
<i>Post-Natal Pilates</i>	ENGLISH DV-81128	14.95
	<i>Pilates Postnatal</i> – FRENCH/ENGLISH DV-84128	14.95

\* STOTT PILATES DVDs are Region Code 0 and play anywhere in the world

† Offers may not be combined with any other promotion or discount.



## DVDs – At Home Titles cont'd

	CAT #	£
<b>Pilates for Kids</b>		
<i>Fitness Fun: Pilates for Kids</i>	ENGLISH DV-80085	14.95
<b>Active Aging Series</b>		
<i>Armchair Pilates</i>	ENGLISH DV-80086	14.95
<i>Armchair Pilates Plus</i>	ENGLISH DV-80087	14.95
with regular-strength (green) Flex-Band included	ENGLISH DV-80324	18.95
<i>Dynamic Armchair Pilates™</i>	ENGLISH DV-81120	14.95
<i>Pilates dynamique sur chaise</i> – FRENCH/ENGLISH	DV-84120	14.95
<b>Cancer Rehab Series</b>		
<i>Pilates for Breast Cancer Rehabilitation</i>	ENGLISH DV-81122	14.95
<i>Pilates pour réhabilitation après un cancer du sein</i> – FRENCH/ENGLISH	DV-84122	14.95
<b>Golf Conditioning Series</b>		
<i>Pilates on the Green – Level 1</i>	ENGLISH DV-81124	14.95
<i>Pilates sur le vert, Niveau 1</i> – FRENCH/ENGLISH	DV-84124	14.95
<i>Pilates on the Green – Level 2</i>	ENGLISH DV-81125	14.95
<i>Pilates sur le vert, Niveau 2</i> – FRENCH/ENGLISH	DV-84125	14.95



## Boxed Sets – At Home Titles

	CAT #	£
<b>Two-Packs</b>		
<i>Pilates for Golf</i> <b>NEW</b> 2 DVD Set	DV-81209	19.99
includes: <i>Pilates on the Green, Levels 1 &amp; 2</i>		
<i>Pilates-Infused Yoga</i> <b>NEW</b> 2 DVD Set	DV-81210	19.99
includes: <i>Pure Vitality, Body &amp; Soul</i>		
<i>Pilates on the Stability Ball</i> <b>NEW</b> 2 DVD Set	DV-81212	19.99
includes: <i>Dynamic Balance, 3-D Balance</i>		
<i>Prenatal Pilates</i> <b>NEW</b> 2 DVD Set	DV-81211	19.99
includes: <i>Prenatal Pilates on the Mat, Prenatal Pilates on the Ball</i>		
<i>Strong &amp; Healthy Back</i> <b>NEW</b> 2 DVD Set	DV-81208	19.99
includes: <i>Standing Tall, The Secret to a Strong Back</i>		
<i>Walking for Your Heart</i> <b>NEW</b> 2 DVD Set	DV-81207	19.99
includes: <i>Walk on to Total Fitness, Walk on to Weight Loss</i>		
<b>Three-Packs</b>		
<i>Amazing Body</i> <b>NEW</b> 3 DVD Set	DV-81202	29.99
includes: <i>Total Body Sculpting, Sculpt &amp; Tone, The Secret to Toned Arms, Buns &amp; Thighs</i>		
<i>Express Series</i> <b>NEW</b> 3 DVD Set	DV-81204	29.99
includes: <i>Basic Pilates, 2nd Ed, Sunrise Workout, Revive Workout</i>		
<i>Power Paced Pilates</i> <b>NEW</b> 3 DVD Set	DV-81205	29.99
includes: <i>Power Paced Pilates, Core Challenge, The Secret to Flat Abs</i>		
<i>Pre / Post-Natal</i> <b>NEW</b> 3 DVD Set	DV-81206	29.99
includes: <i>Prenatal Pilates on the Mat, Prenatal Pilates on the Ball, Post-Natal Pilates</i>		
<i>Weight Loss</i> <b>NEW</b> 3 DVD Set	DV-81203	29.99
includes: <i>Walk On to Weight Loss, The Secret to Weight Loss, Volumes 1 &amp; 2</i>		

## DVDs – Professional Titles

WHERE INDICATED AS SIX LANGUAGES, DVDS INCLUDE SOUNDTRACK IN ENGLISH, FRENCH, SPANISH, ITALIAN, PORTUGUESE & GERMAN

	CAT #	£
<b>Matwork Series</b>		
<i>Essential Matwork</i> 3rd ed.	SIX LANGUAGES DV-81147	42.95
<i>Intermediate Matwork</i> 3rd ed.	SIX LANGUAGES DV-81148	42.95
<i>Advanced Matwork</i> 3rd ed.	SIX LANGUAGES DV-81149	42.95
<b>Buy the series and save</b>	DV-81171	109.95
<b>Toning Ball Series</b>		
<i>Toning Ball Workout</i>	ENGLISH DV-81114	32.95
<b>BOSU®* Series</b>		
<i>Essential BOSU</i>	ENGLISH DV-81198	32.95
<i>Intermediate BOSU</i>	ENGLISH DV-81199	32.95
<b>Buy the series and save</b>	DV-80208	55.95
<b>Foam Roller Series</b>		
<i>Pilates on a Roll</i>	ENGLISH DV-81100	32.95
<i>Foam Roller Challenge</i>	ENGLISH/SPANISH DV-81143	32.95
<b>Pilates Edge™ Series</b>		
<i>Essential Pilates Edge</i>	ENGLISH/SPANISH DV-81150	32.95
<i>Intermediate Pilates Edge</i>	ENGLISH/SPANISH DV-81151	32.95
<b>Strength &amp; Agility Series</b>		
<i>Athletic Conditioning on the Pilates Edge</i>	ENGLISH/SPANISH DV-81166	32.95
<i>Rotational Disks</i>	ENGLISH/SPANISH DV-81170	32.95
<i>Athletic Conditioning on the Reformer</i>	ENGLISH/SPANISH DV-81164	32.95
<i>Jumpboard Interval Training</i>	ENGLISH/SPANISH DV-81165	32.95
<i>Athletic Conditioning on the Stability Chair</i>	ENGLISH/SPANISH DV-81163	32.95
<b>Reformer Series</b>		
<i>Essential Reformer</i> 3rd ed. – 2 Disc Set	SIX LANGUAGES DV-81152	47.95
<i>Intermediate Reformer</i> 2nd ed. – 2 Disc Set	SIX LANGUAGES DV-81153	47.95
<i>Advanced Reformer</i> 2nd ed.	SIX LANGUAGES DV-81154	47.95
<b>Buy the series and save</b>	DV-81172	122.95
<i>Reformer Workout for Men</i>	ENGLISH/SPANISH DV-81167	32.95
<i>Group Reformer Workout</i>	ENGLISH DV-81117	32.95
<i>At Home Reformer Workout</i>	ENGLISH DV-81116	32.95
<i>Entraînement sur Reformer au foyer</i>	FRENCH/ENGLISH DV-84116	32.95

Prices subject to change without notice.

	CAT #	£
<b>V2 Max Plus™ Reformer* Series</b>		
<i>V2 Max Plus Programming</i>	SIX LANGUAGES DV-81168	47.95
<i>Athletic Conditioning on the V2 Max Plus</i>	SIX LANGUAGES DV-81169	47.95
<b>Cadillac Series</b>		
<i>Essential Cadillac</i> 2nd ed.	SIX LANGUAGES DV-81139	47.95
<i>Intermediate Cadillac</i> 2nd ed.	SIX LANGUAGES DV-81140	47.95
<i>Advanced Cadillac</i> 2nd ed.	SIX LANGUAGES DV-81141	47.95
<b>Buy the series and save</b>	DV-81174	122.95
<b>Stability Chair Series</b>		
<i>Essential &amp; Intermediate Stability Chair</i> 2nd ed.	SIX LANGUAGES DV-81160	74.95
<i>Advanced Stability Chair</i>	SIX LANGUAGES DV-81161	47.95
<b>Buy the series and save</b>	DV-81201	104.95
<i>Split-Pedal Stability Chair</i>	ENGLISH DV-81102	32.95
<i>Group Stability Chair</i>	ENGLISH/SPANISH DV-81162	32.95
<b>Barrel Series</b>		
<i>Complete Barrel Repertoire</i> 2nd ed.	SIX LANGUAGES DV-81138	99.95
<b>Spring Wall™ Series</b>		
<i>Pilates Off the Wall</i>	ENGLISH/SPANISH DV-81159	32.95
<b>Golf Series</b>		
<i>Golf Conditioning on the Reformer</i>	ENGLISH/SPANISH DV-81144	32.95
<b>Pre / Post-Natal Series</b>		
<i>Prenatal Pilates on Equipment</i>	ENGLISH/SPANISH DV-81146	32.95
<b>Cancer Rehab Series</b>		
<i>Breast Cancer Rehab on Equipment</i>	ENGLISH/SPANISH DV-81142	47.95
<b>Post Rehabilitation Series</b>		
<i>Spinal, Pelvic &amp; Scapular Stabilization:</i>		
on Equipment	ENGLISH/SPANISH DV-81155	54.95
on Reformer with Vertical Frame	ENGLISH/SPANISH DV-81156	54.95
<i>Peripheral Joint Stabilization:</i>		
on Equipment	ENGLISH/SPANISH DV-81157	54.95
on Reformer with Vertical Frame	ENGLISH/SPANISH DV-81158	54.95
<b>Buy the series and save</b>	DV-80033	186.95
<i>Back Care Repertoire</i>	ENGLISH DV-81145	54.95

## Educational Materials

Warm-Up Guide		CAT #	£
Pocket Pilates for Golf	ENGLISH	MK-02142	4.95
<i>Pilates de poche pour le golf</i>	FRENCH	MK-42142	4.95

### Instructional Manuals

Comprehensive Matwork	ENGLISH	ST-08005	60.00
<i>Exercices complet sur le tapis</i>	FRENCH	MN-21005	60.00
<i>Ejercicios Completos de Matwork</i>	SPANISH	MN-26005	75.00
<i>Manual Completo Matwork</i>	NEW PORTUGUESE	MN-27005	75.00
コンプリヘンシブ・マツワーク	JAPANESE	MN-23005	75.00
Essential Reformer, 2nd Ed.	ENGLISH	ST-08016	65.00
<i>Reformer Essentiel</i>	FRENCH	MN-21016	65.00
<i>Reformer Esencial</i>	SPANISH	MN-26016	80.00
<i>Reformer Básico</i>	NEW PORTUGUESE	MN-27016	80.00
初級リフォーマー	JAPANESE	MN-23016	80.00
Intermediate Reformer, 2nd Ed.	ENGLISH	ST-08017	65.00
<i>Reformer Intermédiaire</i>	FRENCH	MN-21017	65.00
<i>Reformer Intermedio</i>	SPANISH	MN-26017	80.00
<i>Reformer Intermediário</i>	NEW PORTUGUESE	MN-27017	80.00
中級リフォーマー	JAPANESE	MN-23017	80.00
Advanced Reformer, 2nd Ed.	ENGLISH	ST-08058	80.00
Essential Cadillac, 2nd Ed.	ENGLISH	ST-08009	80.00
Intermediate /Advanced Cadillac	ENGLISH	ST-08010	90.00
Complete Stability Chair	ENGLISH	ST-08015	60.00
Complete Arc Barrel	ENGLISH	MN-08065	40.00
Complete Ladder Barrel	ENGLISH	ST-08012	40.00
Complete Spine Corrector	ENGLISH	ST-08013	40.00

### Resource Guides & Support Materials

Injuries & Special Populations Resource Guide	ENGLISH	ST-08056	80.00
Injuries & Special Populations Support Materials	ENGLISH	MN-08064	85.00
Matwork & Reformer Support Materials Book	ENGLISH	ST-08050	25.00
RMR1 Rehab Support Materials with Binder & Tabs	ENGLISH	MN-08066	85.00
RMR2 Rehab Support Materials	ENGLISH	MN-08062	21.95
RCCB1 Rehab Support Materials	ENGLISH	MN-08061	21.95
RCCB2 Rehab Support Materials	ENGLISH	MN-08063	21.95

### Client Workout Sheets, 8-1/2" x 11", pads of 100

Essential Matwork	ST-09591	18.95
Intermediate Matwork	ST-09592	18.95
Advanced Matwork	ST-09593	18.95
Essential Reformer	ST-09594	18.95
Intermediate Reformer	ST-09595	18.95
Advanced Reformer	ST-09596	18.95
Essential Cadillac	ST-09597	18.95
Intermediate /Advanced Cadillac	ST-09598	18.95
Complete Stability Chair	ST-09602	18.95
Complete Arc Barrel	ST-09601	18.95
Complete Ladder Barrel	ST-09599	18.95
Complete Spine Corrector	ST-09600	18.95

### Wall Chart Workout Posters, 27" x 39"

Essential Matwork	ST-09570	32.95
Intermediate Matwork	ST-09582	32.95
Advanced Matwork	ST-09583	32.95
Essential Reformer	ST-09572	32.95
Intermediate Reformer	ST-09573	32.95
Advanced Reformer	ST-09574	32.95
Essential Cadillac	ST-09580	32.95
Intermediate /Advanced Cadillac	ST-09581	32.95
Complete Stability Chair	ST-09579	32.95
Complete Arc Barrel	ST-09575	32.95
Complete Ladder Barrel	ST-09576	32.95
Complete Spine Corrector	ST-09577	32.95

Prices subject to change without notice.

## Education Course Packages

	CAT #	£
<b>Comprehensive Matwork &amp; Reformer</b> for CMR course	DV-80358	400.00
<i>includes:</i> 4 manuals <i>Matwork &amp; Reformer Support Material Book, Comprehensive Matwork, Essential Reformer, 2nd Ed., Intermediate Reformer, 2nd Ed.</i> , 6 DVDs: <i>Essential Matwork, 3rd Ed., Intermediate Matwork, 3rd Ed., Sculpt &amp; Tone, Fitness Circle Challenge, Essential Reformer 3rd Ed., Intermediate Reformer, 2nd Ed.</i>		
<b>Mat-Plus</b> for IMP, XMG, XMP courses	DV-80335	162.00
<i>includes:</i> 1 manual <i>Comprehensive Matwork</i> , 4 DVDs: <i>Essential Matwork 3rd Ed., Intermediate Matwork 3rd Ed., Sculpt &amp; Tone, Fitness Circle Challenge</i>		
<b>Reformer</b> for IR, XRG, XRP courses	DV-80336	207.00
<i>includes:</i> 2 manuals <i>Essential Reformer 2nd Ed., Intermediate Reformer 2nd Ed.</i> , 2 DVDs: <i>Essential Reformer 3rd Ed., Intermediate Reformer 2nd Ed.</i>		
<b>Cadillac, Chair &amp; Barrels</b> for CCCB, ICCB courses	DV-80355	575.00
<i>includes:</i> 6 manuals <i>Essential Cadillac 2nd Ed., Intermediate/Advanced Cadillac, Complete Stability Chair, Complete Arc Barrel, Complete Ladder Barrel, Complete Spine Corrector</i> , 4 DVDs: <i>Essential Cadillac 2nd Ed., Intermediate Cadillac 2nd Ed., Complete Barrel Repertoire, Essential &amp; Intermediate Stability Chair</i>		
<b>Intensive Cadillac</b> for ICAD course	DV-80344	250.00
<i>includes:</i> 2 manuals <i>Essential Cadillac 2nd Ed., Intermediate/Advanced Cadillac</i> , 2 DVDs: <i>Essential Cadillac 2nd Ed., Intermediate Cadillac 2nd Ed.</i>		
<b>Intensive Stability Chair</b> for ICHR course	DV-80357	125.00
<i>includes:</i> 1 manual <i>Complete Stability Chair</i> , 1 DVD: <i>Essential &amp; Intermediate Stability Chair</i>		
<b>Intensive Barrels</b> for IBRL course	DV-80352	205.00
<i>includes:</i> 3 manuals <i>Complete Arc Barrel, Complete Ladder Barrel, Complete Spine Corrector</i> , 1 DVD: <i>Complete Barrel Repertoire</i>		
<b>Advanced Reformer</b> for AR course	DV-80359	118.00
<i>includes:</i> 1 manual <i>Advanced Reformer</i> , 1 DVD: <i>Advanced Reformer, 2nd Ed. – 2 DVD set</i>		
<b>Group SPX Mat-Plus, Module 1</b> for GM1 course	DV-80340	150.00
<i>includes:</i> 1 manual <i>Comprehensive Matwork</i> , 3 DVDs: <i>Essential Matwork 3rd Ed., Total Body Sculpting, Fitness Circle Challenge</i>		
<b>Group SPX Mat-Plus, Module 2</b> for GM2 course	DV-80341	70.00
<i>includes:</i> 2 DVDs: <i>Intermediate Matwork 3rd Ed., Toning Ball</i>		
<b>Group SPX Reformer, Module 1</b> for GR1 course	DV-80342	125.00
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